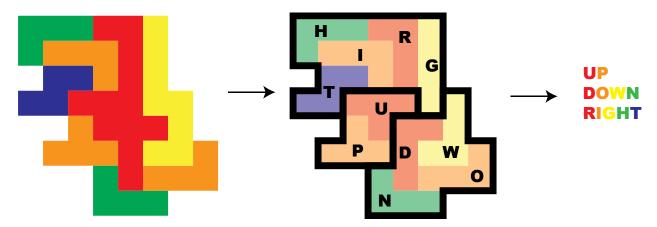
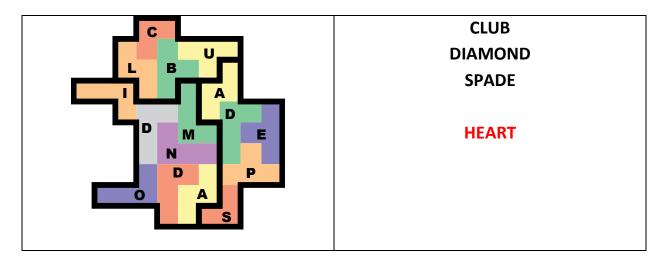
MOSAIC (answer) by Gordon Dow

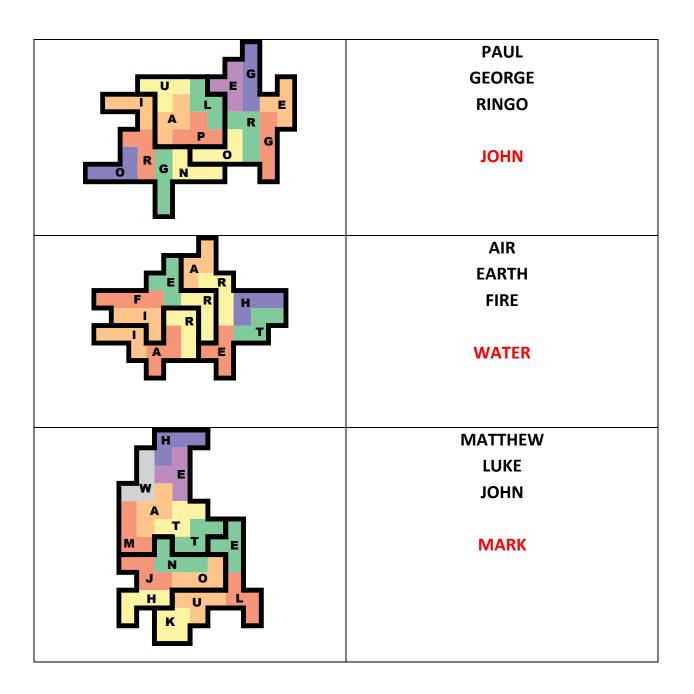
In this puzzle, each colored blob is subdivided into three words belonging to some well-known set of four elements. The exemplar demonstrates how to produce the three words:



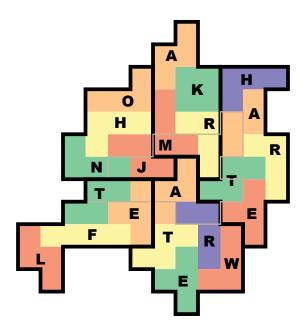
Letters correspond to shapes by the legend in the top right corner of the puzzle. The letters are ordered in rainbow order (red, orange, yellow, green, blue, purple, gray), as suggested by the exemplar.

These three words suggest the missing word **LEFT**. The four other blobs are solved similarly:

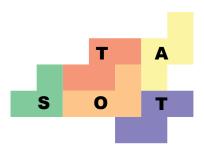




These five "missing" words are plugged into the empty blob (there is only one way to do this):



Notice the gray boundary inside the blob. Cut along those lines and fill in the corresponding letters:



Giving the answer:

TOAST